

Notes to Consider...

Arts & Leisure: *Martial Arts, Filipino Kali*

By G.S. Morris — 16 July 2018



My favorite war in American History for study is the Spanish-American War. An oft forgotten chapter in that war was only recently eclipsed by Afghanistan as the title holder of “America’s Longest War”: The Philippine Insurrection (1899-1913). Another favorite historical topic of mine is epistemology or, the study of knowledge.

Have you ever wondered when it was that Western Boxing transitioned from the almost comical stances of the British Marquess of Queensberry Rules to the sleek Cassius Clay or

Mike Tyson boxing stances? Though there exists no missing link (neither does such a link exist for the Theory of Evolution, yet it’s supposedly “settled”), simple observation suggests Filipino Kali (as picked up by US GIs) transformed Western Boxing.

The Filipinos have an interesting way of teaching combatives. Instead of teaching hand-to-hand methods first, the Filipinos teach weapons (namely the stick and the point down knife) first, then the hands. Once you understand this fact, it comes into much sharper focus the Filipino emphasis upon footwork.

You see, when you were teathed on avoiding being struck with a rattan stick or “slashed” with a training knife, the more adept you will become at moving in such a way as to make it much more difficult to strike (or cut) you. Picture in your mind a night clothes-clad Englishmen with his knuckles turned up toward the sky clumsily circling you versus a light on his feet Sugar Ray Leonard. I know which opponent I’d rather mix it up with.

As with Jim Bowie’s (he was noted to have had several Filipino “girlfriends” in New Orleans) knife fighting, we can’t prove a Filipino link to Western Boxing. However, common sense points to Filipino Kali (picked up during the long US occupation of the Philippines) as being the godfather of modern day Western Boxing.

Next Week: Pankration

Shane Morris is a retired soldier and teacher. You may contact him at sigm11@yahoo.com

Kinder Bear and Kindergarten Readiness

Kinder Bear wants every Kid in Jackson County to be Kindergarten Ready, so Kinder Bear stopped by the Board of Education to visit with some people who help make that happen! Kinder Bear was also at the Farmer’s market Grand Opening meeting children and giving away books and at Tyner Elementary’s Kinder Camp.

Kinder Bear wants everyone to know that it’s never too early or too late to help your children become Kindergarten Ready. There are lots of “No Cost” ways right here in Jackson County.

Vroom is an initiative that takes everyday moments and turns them into brain building moments for children 0-5. You can find vroom tips scattered around Jackson County in Restaurants, Dr. Offices and other businesses. You can also visit www.vroom.org to learn more and download the Daily Vroom app.

Early Steps to School Success is a home visiting program with Save the Children. A member of the ESSS team will come to your home with Activities, tips and books to help prepare your child for school. To sign up or just get more information you can contact: Charity Rose in the Sang Gap area 965-3171, Melinda Peters in the McKee Area, 287-7157 or Karen Smith in the Tyner area 364-3878.

Parent Play and Learn groups meet weekly in various locations within the county. Parents and children age 3-5 play games and do activities together and learn new ways to prepare for Kindergarten at home. Jatana Angel can give you more information at 287-7181 or just come to any of the playgroups.

Tuesday: 11:30 –1:00 Indian Creek Church

Wednesday: 11:00 - 1:00 Sand Gap Christian Church

Thursday: 3:00—4:30 Grace Covenant Ministry (Annville Gym)

Head start and Preschool is available at all 3 elementary schools. Children 3-4 can prepare for Kindergarten in a school setting. Lisa Hays can tell you how to enrolled, 287-7181.

Kinder Bear doesn’t care how you get Ready, use one or all of the ways above or find your own way. Kinder Bear just wants you to prepare!

Kinder Bear will be appearing at:

McKee Elementary’s Kinder Camp on Monday July 23rd starting at 4:30, all McKee Kindergarteners and their Parent/Guardians are invited to attend.

Sand Gaps Kindergarten Open House on Thursday July 26th starting at 6:00 PM. All Sand Gap Kindergarteners and their Parent/Guardians are invited to attend.

Back to School Bash at Jackson County High School Thursday July 31st starting at 5:00 PM. All students/families in grades K-12 are invited to attend. Students will receive FREE school supplies while supplies last.

You may contact your Community Engagement VISTA, Virgie Moore for more information about anything in this article. 287-7181.

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Bradshaw Hills Baptist Church Bible School



**Located On JCHS Road
16 Years and Under - 1 Day Only**

Saturday, July 28

10:00 am to 4:00 pm

Cookout and Celebration

will follow on Sunday.

For information 606-493-8338, 606-493-7454 or 606-287-7716

Inspirational Thoughts Into God’s Word

By Lynetta Hunter

As Moses led the Israelites out of Egypt and toward the Promised Land, they left with Gods promise to Abraham, Isaac, and Jacob in mind, (Gen. 15, 26, 28) ‘I will make of thee a great nation, I will bless you and make your name great, I will bless them that bless you and curse them that curse you, I will give this land to you and your descendants, they will be countless and all the families of the Earth will be blessed because of you.’

Of course, the journey wasn’t quick and easy, which would have left them spoiled and selfish, it was long and stressful, which for most of them, made them aware of Gods mercies and formed their character into being one of strength and unity with abundant faith in Gods promises and sovereignty.

When troubles came, the congregation would put the blame on God for not letting the journey be easier. While God was teaching them that they could trust Him to be their Provider, they were whining because He didn’t have the water coming out of the rock and the manna on a platter waiting on them when they got there. When God was teaching them patience and to be still while He works things to their good, they gave up on Him and built a false idol to worship instead. Even though God was teaching them how to have a peaceful and good life by simply obeying His written commandments, they couldn’t see it as being a better life than fulfilling the lust of their flesh, which led to unnecessary death for many of them.

For the ones that made it, they came to realize that God wasn’t the problem; the fallen ways of humanity is the problem. God had worked everything they needed for survival and happiness into His promise to them, all that was left for them to do was trust Him, obey Him, and follow His presence into the promise.

Kentucky Arts Council Cosponsoring

Second Annual Artists Thrive Summit in Berea

FRANKFORT, Ky. (July 10, 2018) — The Kentucky Arts Council, along with the Emily Hall Tremaine Foundation and the AIR Institute of Berea College, will present the second annual Artists Thrive Summit, July 31-Aug. 3, in Berea.

This is the second consecutive year Artists Thrive has held its annual convocation in Berea. The summit is geared toward artists, arts organizations, elected officials, foundations, economic development agencies and other arts stakeholder groups. The conference programming will demonstrate how those groups can collaborate to create a thriving creative atmosphere in communities.

“Artists Thrive is a suite of tools that is available through a free website designed to cause all of us who work with artists to evaluate whether we are setting up conditions for artists to thrive,” said Heather Pontonio, senior program director with the Tremaine Foundation. “If you’re an artist, are you doing what you need to do not just to succeed, but to thrive? This is the first time in the arts world that we’re taking a look at holistic measures that need to be taken to be an artist who thrives.

“This is not a ‘sit-and-get-lectured-at’ conference,” Pontonio added. “There will be table conversations, interactions and a real desire to build up communities all across the country using Artists Thrive to meet those goals.”

The four-day summit is a chance for national arts leaders and artists to come together and change the way the creative community thinks about its work, said Beth Flowers, a member of the Artists Thrive Summit steering committee and director of the AIR Institute of Berea College.

“It allows us to clearly define what success looks like for an individual artist, organizations that work with artists, like economic development organizations or hospitals, and organizations that specifically work to support artists, like local arts councils,” Flowers said.

The summit agenda includes sessions on putting the Artists Thrive tool to work in communities, building networks and other guided conversations. On Aug. 2, there will be a daylong Learning Journey including stops in Berea, Harlan and Corbin. Participants will learn about the creative sector’s role in those respective communities. Transportation will be provided.

Among the benefits of participating in the four-day gathering, especially for individual artists, is an opportunity to be part of a national movement to build a sustainable career in the arts.

“And who doesn’t want to be at that table?” Flowers said. “You’ll get to meet people from across the country who care about artists, how we view art and how we evaluate it.”

The summit is also a good opportunity for elected officials and other government administrators to learn how to acquaint themselves with their own local artists.

“That interaction doesn’t always happen because there’s a perceived disconnect. Local government and artists within a community may not see each other as potential resources,” Flowers said. “If a government official is a little nervous about starting that conversation, the summit is a great opportunity for them to dip their toe into the nuances of the creative economy.”

Representatives from the Mountain Association for Community and Economic Development (MACED) attended the summit last year and will attend again in 2018. Peter Hilley, MACED president, said that the conference programming is a natural fit for his organization, which has helped artists who are interested in selling their work get started in business.

“MACED sees creative economy as one of several critical sectors that play an important role in building a new economy in eastern Kentucky,” Hilley said. “The link between the creative economy and economic development is well documented. Part of that is creating communities that are liveable. People see the opportunity to relocate to those communities, and the creative economy is a part of that.”

The four-day gathering also is a massive networking opportunity for all levels of the creative economy, Flowers said, adding that at last year’s conference, 24 representatives from organizations that provide funding to nonprofit arts groups attended.

“Last year, national level leaders in the arts were really influenced by what was going on in Berea,” Pontonio said. “There were a lot of stories that came out of last year’s gathering about organizations that partnered with others and artists who have collaborated with other artists. About half of group will be from outside the Appalachian region. There’s national influence in this as well.”

Artists Thrive Summit registration is \$100, but Artists Thrive is allowing Kentucky residents to register for \$25, using the promo code KYART on the registration page. That fee applies only to the main summit. Participants will have to register and pay for pre- and post-summit activities.