

Gray Hawk Fire & Rescue Toy and Coat Drive

The Gray Hawk Fire Department will be hosting a TOY and COAT DRIVE. This is to help children receive a Christmas gift, who may not receive any gifts this year due to hard times or those affected by Covid-19. You can donate new or gently used toys or cash for our volunteer firefighters to go out and purchase toys for children. Toys will also be delivered to the children's home on the week of December 17th by our volunteer firefighters. The cut off date to get a child enrolled for the toy and coat drive will be December 10th.

Parents who wish for their children to receive a gift and coat from the toy and coat drive will need to send us information including the child's first name, age, gender, and child's interest, and a working phone number. That way we can call and verify information regarding the child's information to the Gray Hawk Fire Department.

If you would like to make a donation or would like to contact us about your child, you can send us this information by contacting us at ghfd@prtcnet.org, or message us on Facebook, or by calling:

- Cleon Bingham at 606-438-0412
- Gerald Gamble at 606-493-5725 or 606-287-3702
- Michelle Gamble at 606-493-5726

Approved drop off locations for donations are: Gray Hawk Building Supply, McKee Auto, McKee Family Dollar Store and Pooh's Garage.

Thank you for helping us make sure that each child has something under the tree Christmas morning.

KDA receives \$500,000 grant to expand mental health efforts in rural Kentucky

Stress, mental health, suicide prevention among targeted efforts

FRANKFORT (Nov. 4, 2021) – The U.S. Department of Agriculture (USDA) has awarded \$500,000 grant to the Kentucky Department of Agriculture (KDA) to expand its efforts to address stress, mental health, and suicide prevention among agriculture producers, Commissioner of Agriculture Dr. Ryan Quarles announced today.

"Focusing on mental health is key to having a healthy agriculture community," Commissioner of Agriculture Dr. Ryan Quarles said. "Farmers face all sorts of physical risks in their day-to-day environment. But many don't consider the incredible pressure on their mental well-being. This grant will enable the Department of Agriculture and our partners to help deliver resources to help our rural communities improve their health."

The \$500,000 grant will allow the KDA to work with the University of Louisville School of Nursing, The Southeast Center for Agricultural Health & Injury Prevention, and the University of Kentucky College of Agriculture in a state-wide effort to help farmers and agriculture producers with strategies to aid mental health awareness.

The grant will help the KDA expand its efforts as part of the Raising Hope – Supporting Healthy Lives on Kentucky Farms campaign. Raising Hope focuses on improving the mental and physical health of agricultural producers and is a partnership with state universities and the Kentucky Cabinet for Health and Family Services. The campaign is supported by appropriations from the Kentucky General Assembly.

The new grant will fund initiatives in the following areas:

Mental Health Resource Awareness. The KDA will partner with the University of Louisville's School of Nursing to launch a marketing campaign to promote the mental health resources available to farmers and to educate the public about the stressors farmers encounter on the farm.

Youth Outreach. The University of Kentucky's College of Agriculture, Food, and Environment will develop a curriculum for schools to educate youth in rural communities about good mental health practices and how to identify signs of mental stress.

Farmer Appreciation Grants. The KDA will conduct a Farmer Appreciation Small Grant Program to support community-based farmer appreciation projects that promote the many contributions of farmers to rural life.

Mobile Web App. The Southeast Center for Agricultural Health and Injury Prevention will develop an online mobile app to help improve mental health literacy and address stigmas surrounding mental health challenges. The app will also provide access to just-in-time care and educate users about best practices and resources.

Mental health still faces a strong stigma, according to a 2019 American Farm Bureau Federation survey. The survey also found that a majority of adults in rural communities said mental health is important to them, but many farmers and farm workers have had difficulty accessing a therapist or counselor in their local community.

Money Tip for Students, November 2021

College students can save money by cooking for themselves

FRANKFORT, Ky. (Nov. 8, 2021) — College students looking to stretch their dollars can do so by cooking meals for themselves instead of dining out, according to the Kentucky Higher Education Assistance Authority (KHEAA).

Eating right is a necessity, but it doesn't have to be an expensive one. Students who don't take advantage of campus food plans can cut their food costs by smart shopping and making their own meals.

Instead of buying meals at restaurants, students can save quite a bit of money by fixing most of their meals at home. According to <https://www.moneyunder30.com>, the average price for a restaurant meal is about \$13, more than three times the cost for the average meal prepared at home. A web search for "recipes for college students" will bring up a list of many sites to help students make healthy, inexpensive meals on their own.

Someone who dines out four times a week can save nearly \$1,000 a year by cutting back to two restaurant meals. That money can be deposited into a savings or investment account, which allows it to earn interest.

KHEAA is the state agency that administers Kentucky's student financial aid programs, including the Kentucky Educational Excellence Scholarship (KEES). Its sister agency, the Kentucky Higher Education Student Loan Corporation (KHESLC), offers low-cost Advantage Loans to help students and parents pay for college or refinance student loans. For more information about Advantage Loans, visit advantageeducationloan.com.

Many of KHEAA's student aid programs are funded by Kentucky Lottery revenue.

For more information about Kentucky scholarships and grants, visit kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926.

Egypt Baptist Church Pastor 40th Anniversary- Brother Eddy Judd



Brother Eddy Judd was the seventh child of eight children of Walker and Belle Judd. His father died when he was six years old and his mother raised eight children alone. Belle always took her children to church and had daily Bible reading with them. She instilled in them to be faithful in the entire Lord's work. Eddy was saved at a young age. He was taught to tithe and be loyal in his attendance and work for the Lord.

At the age of 17 years old, the Lord first dealt with his heart about preaching the gospel. Bro. Eddy wrestled with the devil for several years before surrendering to the Lord's calling.

In February 1979 in a singing service at the Tyner Baptist Church, he finally gave in the Lord. He was always a shy little boy and wondered how the Lord could possibly use someone like that. He filled in for several preachers for the first few months of his ministry before he was asked to fill in at Egypt.

In February 1980, the pastor of Egypt Baptist Church, James T. Sasser, had open-heart surgery. Bro. Eddy came to Egypt for one Sunday. He was asked to fill in for Bro. Jim. He has preached almost every Sunday from that first Sunday in March 1980 until now.

Bro. Eddy served as Youth Pastor and as an assistant pastor to Bro. Jim for a few months. In August of 1980 the church asked Bro. Eddy's home church, Tyner Baptist Church to ordain him. In November of 1981 Bro. Sasser resigned and the church called Bro. Eddy to be their pastor on November 8, 1981.

In the first few months of his ministry, there were 23 people who gave their life to the Lord. There have been numerous ones saved and moved into the church by membership in the past years.

Bro. Eddy drove the church bus for 20+ years, taught Sunday school for 30+ years and pastored for more than 40 years, all at Egypt Baptist Church. Eddy has served as Moderator of the Irvine Association numerous times, served as SS Director, as Executive Board Member, Evangelism Director, Assistant Youth Director, Discipleship Training Director, Brotherhood Director, Clerk and has filled other committee positions on the board. He served as State Executive Board Member for the Kentucky Baptist Convention for two years. He was Interim DOM for three months and served as DOM for two years.

During the past 40+ years, Egypt Baptist has become our FAMILY. Our life has been surrounded by faithful loving church family as well as our biological family. The church has supported us in our crazy ideas to help build up the church. They have been there through our good times and bad. They were there through graduations, marriages, births and deaths. NO one could ask for a better church. The Lord has truly blessed in his ministry.

Jackson County Public School's Veteran's Day Program

Veteran's please join us for our annual Veteran's Day Observance and Program, on Thursday, November 11, 2021 at 11:00 AM at the Veteran's Memorial Park in McKee.

Immediately following the Veteran's Day Observance at the Veteran's Memorial Park, there will be a meal provided in the Jackson County High School Gymnasium for all the Veterans.

We would like to thank the following for helping with this year's program, our JCHS AJROTC teachers/students, JCHS Family Consumer Science teachers/students, JCHS Band teacher/students, JCPS Title I Program and Jackson County Public Schools.

Most of all we would like to thank our Veterans for their dedicated service and sacrifice to ensure the freedoms that we have today. We look forward to seeing all of our Veterans on Thursday, November 11, 2021. Again, thank you for your service!

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**Knickerbockers Picture
Fundraiser**
Tiny Blessings Daycare is selling Knickerbockers pictures for \$10 for (2) 8x10, (2) 5x7, and 8 wallets. Pictures will be taking on **Friday, November 26 and Saturday, November 27 at the Gray Hawk Reformed Church Fellowship Hall.** If you are interested, please let us know! **Buy your \$10 ticket until Thursday, November 18.** This is to help get the Tiny Blessings Daycare building in Gray Hawk remodeled for their daycare to move to. ***We appreciate your support!***